

Around the State

13th Annual Iowa Family Medicine Residency Network Quality and Research Symposium

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Pictured above, left to right: *Genesis Quad Cities Family Medicine Residency Program* Director, Gena Benoit, MD, and residents, Alex Wilson, MD, Michael Warhank, DO, and Emily Wheat, MD, along with Jeff Quinlan, MD, Chairman, *The University of Iowa Department of Family Medicine*

The 13th Annual Iowa Family Medicine Residency Network Quality and Research Symposium was held on May 10, 2023 at the University of Iowa Carver College of Medicine. Research projects presented by network residents were judged by a panel of residency directors and faculty. Michael Warhank, MD, Emily Wheat, MD, Alex Wilson, DO, residents of the Genesis Quad Cities Family Medicine Residency Program presented, “Promotion of De-prescribing High Risk Medications in Primary Care Setting” which was judged as 1st Place Best Project. They received a plaque to be displayed at the residency program until the next symposium and individual certificates. Additionally, monetary prizes for the top three presentations from the residency programs were provided by Jeff Quinlan, MD, Chairman, University of Iowa Department of Family Medicine.

The following presentations were also given during the symposium: “Educating Providers to Increase Exercise Prescription” by Jack Chen, MD, The University of Iowa Family Medicine Residency Program, “Improving Care for Gestational Diabetics in the Postpartum Period” by Demi Eble, MD, Central Iowa Family Medicine Residency Program Iowa Lutheran Hospital, Des Moines Track, and “Lead Screening in a High-Risk Population” by Adam Gordon, MD, Siouxland Medical Education Foundation Family Medicine Residency Program.

UI Family Medicine 2023 Preceptors of the Year

Each year, the University of Iowa Department of Family Medicine recognizes the valuable contribution of community preceptors who teach medical students by awarding the Preceptor of the Year Award.

Two categories of preceptors are recognized: Community Preceptor of the Year, awarded to a community-based family medicine adjunct faculty member who provides a four-week clinical rotation for medical students; and the Regional Medical Education Centers (RMEC) Community Preceptor of the Year, given to a faculty member of one of the five RMEC's in Iowa that provide two-week clinical and didactic rotations for medical students.

Community Preceptor of the Year - Thomas Waters, DO



Thomas Waters, DO, graduated from Des Moines University in 2013 and completed his Family Medicine residency with the Siouxland Medical Education Foundation in 2016. He practices at MercyOne's Hansen Family Hospital - Iowa Falls Clinic and has been there since completing residency. Dr. Waters is a highly efficient provider, loved by his patients, and makes each one feel like they are his only patient of the day. He is a longtime preceptor for medical students and has been praised by students as being "the best preceptor they've ever had" throughout medical school. He promotes involvement of students in the medical team and creates an engaging, effective, and positive learning environment.

"Working with Dr. Waters has been the best experience this far in my clinic experience. I felt that I was a respected member of the team and felt that my assessment and plan were valued. Dr. Waters took time every single day to strengthen my differentials and teach based on the patients he was seeing each day. He was very personable with his patients and staff. I felt that I had the appropriate amount of autonomy. I received great feedback on notes as well as my presentations. I felt that my clinical skills improved greatly after working with Dr. Waters for 4 weeks." – Student Evaluation 2022

RMEC Community Preceptor of the Year - Niral Tilala, MD



Niral Tilala, MD, graduated from the Medical University of the Americas, Saint Kitts in 2006 and completed his Family Medicine residency with Genesis Family Medicine Residency in 2010. In 2014, he completed a Maternal Child Health fellowship at the University of Rochester in Rochester, New York. In addition to Family Medicine, Dr. Tilala specializes in Obstetrics and has been a faculty physician with the Genesis Family Medicine Residency Program since 2010. His passion for teaching and creating an engaging learning environment are widely recognized by students. He sets clear expectations, provides quality feedback, and reinforces concepts in a fun way. He practices at the Genesis Family Medical Center in Davenport and at the Genesis Health Group, Durant Family Practice.

"Dr. Tilala is amazing to work with and truly passionate about teaching! He went out of his way to ensure that I was learning whenever I was working with him. He was very passionate about making sure we were engaged as students and were able to get a very hands-on experience." – Student Evaluation, 2022

Star of Educational Innovation Award

In June 2023, the University of Iowa Carver College of Medicine's branch campus in Des Moines was awarded the Star of Educational Innovation Award at the Association of American Medical College's Group on Regional Medical Campuses (GRMC) annual conference. The branch campus created a health policy and advocacy elective rotation for interested University of Iowa Carver College of Medicine medical students in the Healthcare Delivery Science Management and Policy (HDSMP) distinction track. Medical students have an opportunity to learn about the creation and development of health policy as well as how to effectively advocate on important health issues. Legislative, administrative, and/or policy experts serve as mentors for the process of advancing health policy or public health initiatives. With mentors, students can engage in the advocacy of such policies or legislation during state legislative sessions. Kelly Breffle-Starbird, (pictured right), serves as the elective's director and facilitator and accepted the award at the conference.



UIHC GME Program Coordinator Excellence Award



Cinda Blake, Program Coordinator for the University of Iowa Family Medicine Residency Program, received the University of Iowa Carver College of Medicine Graduate Medical Education (GME) Program Coordinator Excellence Award 2023. This award recognizes program coordinators for their role in the management and success of a residency and/or fellowship program and dedication to residents, fellows, and program directors. The award was presented in May 2023 at the 16th annual GME Leadership Symposium. One resident quoted: "Cinda is truly the best part of our entire residency. No matter what you ask her, she is able to get you an answer, usually within the day. On top of being an organization wizard, she is constantly making all residents feel loved and appreciated. Most of all, every time I get to interact with her, I leave in a better mood because of her wonderful, kind personality. We are so incredibly lucky to have her."

Arnold Appointed to New Position

Matt Arnold, PharmD, BCACP, Clinical Pharmacy Specialist faculty at Genesis Quad Cities Family Medicine Residency Program, has been appointed to the position of Clinical Director for Genesis Diabetes Care Management Program. In his role, Dr. Arnold oversees a multidisciplinary team made up of a nurse care manager, clinical pharmacist, social worker, and dietitian.

This team is focused on supporting providers and their care teams in the management and care coordination of complex patients with diabetes. They work with patients longitudinally to achieve provider and patient specific health goals, lifestyle modifications, medication assistance, treatment optimization, and community resource connection.



ACGME Review Committee



Kate Hanrahan, MD, has been selected for the Residency Review Committee (RRC) Family Medicine ACGME. The RRC's numerous responsibilities include assessing and altering program requirements for the specialty of Family Medicine and reviewing all new applications for family medicine residency programs seeking accreditation. She will serve as a committee member from July 1, 2023 to June 30, 2024.

Faculty and Staff Announcements



Dana Danley, MD, (*pictured left*) currently the Broadlawns Medical Center's Family Medicine Program Director, was appointed Broadlawns' Director of Medical Education and DIO, effective April 1, 2023. Dr. Danley continues her role of Program Director in addition to the new roles with Broadlawns Medical Center.



Morgan Kremer, (*pictured left*) joined the University of Iowa Health Care Department of Family Medicine as an Administrative Services Coordinator in August 2022 and transitioned to the role of Medical Student Education Coordinator for Family Medicine in May 2023. She attended the University of Iowa and graduated with a degree in Speech and Hearing Science. Prior to joining the department, Morgan worked for St. Luke's Hospital in Cedar Rapids.



Shauna LaFleur, MD, FAAFP, (*pictured left*) joined the residency faculty at Siouxland Medical Education Foundation (SMEF) in August 2022. Dr. LaFleur is a graduate of the University of Iowa Carver College of Medicine and completed her Family Medicine Residency at SMEF in 2010. After completing residency, she worked in private practice doing full-spectrum family medicine with obstetrics for over 11 years. She has a special interest in obstetrics and women's health as well as physician wellness/burnout and medical billing/coding. She enjoys working with and teaching medical students and residents and will oversee the point of care ultrasound (POCUS) curriculum.



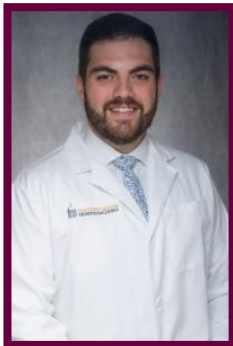
Matt Skeens, DO, (*pictured left*) joined the Central Iowa Family Medicine Residency Program Waterloo track when it opened in 2021 as faculty for the resident clinic once a week. He became full-time faculty in March 2022. Dr. Skeens obtained his medical degree from Des Moines University. After completing his residency at MercyOne Family Medicine Residency Program in Des Moines, he was in private practice with UnityPoint Clinic for five years. Dr. Skeens' medical interests include practicing holistic preventive care, managing chronic conditions and helping his patients work toward their individual health goals.

Iowa Family Medicine Residents' Council



On April 29, 2023, the Iowa Family Medicine Residents' Council said good-bye to its graduating members. All but one of the eight graduating members of the Council have stayed in Iowa to either practice or continue training. The graduates, pictured above, are:

Back row, left to right: Sam Orvis, MD, Bryan Taylor, DO, Sarah Terronez, DO, Demi Eble, MD, Lesley Green, MD
Front row, left to right: Cassidy Miller, MD, Taylor Johnson, DO; *Unable to attend:* Kyle Carver, MD



Additionally, Resident Council officers for 2023-2024 were elected. Newly elected officers are pictured above, from left to right: Drew Amador, MD, President, The University of Iowa; Sean Westendorf, DO, President-Elect, Broadlawns Medical Center; Haydee Hernandez, DO, Secretary, The University of Iowa – Sioux City

Calendar of Events

October 4	Iowa Family Medicine Residency Program Coordinators' Meeting - via Zoom
November 15, 2023	Program Directors' Meeting - Iowa City
February 28, 2024	Program Directors' Meeting - Broadlawns Medical Center, Des Moines
May 8, 2024	Iowa Family Medicine Quality Improvement and Research Symposium - Iowa City Iowa Family Medicine Residency Program Directors' Meeting - Iowa City Iowa Family Medicine Residency Program Coordinators' Meeting - Iowa City
May 17, 2024	Advanced Life Support in Obstetrics (ALSO) Provider Course - Coralville