

# Around the State

## Siouxland Medical Education Foundation Family Medicine Residency Program becomes University of Iowa Healthcare - Sioux City

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University of Iowa Health Care

Office of Statewide Clinical Education Programs



Siouxland Medical Education Foundation (SMEF) was founded in 1975 as a joint venture between the University of Iowa and two hospitals in Sioux City, MercyOne Siouxland Medical Center and UnityPoint - St. Luke's. The family medicine residency program was established to improve the health of people living in the Siouxland area through medical education and patient-centered care. In 1976, the first group of residents were matched with the program. Between 1976 and 2023, the program on average had 18 family medicine residents each year and graduated 264 residents. With over 25,000 patient visits each year, the impact the program had had on western Iowa had been great and much needed.

Due to financial pressures SMEF had experienced in recent years, University of Iowa Health Care (UIHC) assumed operations of the family medicine practice and residency program in Sioux City in late June 2023. The long-standing collaborative relationship between the two programs lent to UIHC recognizing the importance of maintaining the viability of the program. "The previous loss of another community-based family medicine residency program in Iowa had already reduced the number of family medicine residents produced in the state at a time when we need them more than ever. Educating and training the next generation of Iowa's health care providers is a critical piece of UI Health Care's mission," according to Jeff Quinlan, MD, chair and departmental executive officer of family medicine at UI Carver College of Medicine. The acquisition of the program in Sioux City enabled the program to continue its vital role as the only family medicine program in western Iowa.

## Change in Leadership at MercyOne Northeast Iowa

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On October 31, 2023, Anthony Day, MD, stepped down as Program Director of the Family Medicine Residency Program in Waterloo. He and his wife have moved to Nashville to be closer to their children and grandchildren.

With the average tenure for a family medicine residency director being 6.5 years, Dr. Day's 17 years at the helm has been a testament to his love of the job and commitment to the program and Waterloo community.

Dr. Day graduated from the University of Iowa Carver College of Medicine in 1992 and completed residency at University of Illinois College of Medicine in Rockford, Illinois. He joined Northeast Iowa Medical Education Foundation Family Medicine Residency Program as both program director and executive director in 2006.

During his tenure, the program graduated 99 residents and had a decade with zero citations. Dr. Day had been an adjunct faculty member with the University of Iowa Department of Family Medicine and was promoted to Adjunct Professor in 2016.

In 2021, he successfully steered the program through the most challenging period in its 45-year history- the closing of the Foundation and transition to MercyOne Northeast Iowa Family Medicine & Residency Program. Because of his experience and well-earned reputation for being hands-on across every aspect of residency program requirements, the program was able to retain its commitment to the community and is in a more financially secure position.

Dr. Day has always been a strong advocate for the broader interests of family medicine in the state of Iowa, from funding for medical education to tort reform. He has been an active member of the Iowa Academy of Family Physicians. Dr. Day served as an instructor, course director or course advisor for the Advanced Life Support for Obstetrics course for 18 of the 20 courses held for residents between 2011 and 2023.

Despite all of these accomplishments, Dr. Day saw one of his greatest achievements as, "getting to work with an amazing group of residents, faculty, nurses and staff for over 17 years."

### Interim Director Appointed for MercyOne Northeast Iowa

Cindy Huwe, MD, (*pictured right*) will lead the MercyOne Northeast Iowa Family Medicine & Residency Program as interim Program Director. Dr. Huwe has been practicing in the Cedar Valley for more than 23 years and has been with the Program since 2019. She is excited to have the opportunity to lead the program.



## Iowa Academy of Family Physicians

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Dana Danley, MD, Broadlawns Medical Center's Family Medicine Program Director and Broadlawns' Director of Medical Education and DIO, has been designated the Iowa Academy of Family Physicians Residency Representative.

## Diabetes Sub-Track and Foodplex at Genesis Quad Cities

A Diabetes Management Sub-track longitudinal opportunity for family medicine residents was started in July 2022 at Genesis Quad Cities Family Medicine Residency Program and is offered to PGY2 and PGY3 residents as a one or two-year commitment. The Sub-track is intended to better prepare family medicine physicians to be able to provide comprehensive diabetes care using standard of care guidelines in the rapidly evolving era of diabetes management. Residents completing the Sub-track may pursue the profession of a traditional family medicine physician with enhanced diabetes focus or they may pursue the emerging primary care *diabetology* specialty field. In October 2023, the sub-track had its first resident commit to the 2-year track with plans to sit for board certification in diabetes management.

In April 2023, the Genesis FoodPlex Program was launched. The program serves patients who have a diagnosis of diabetes and are experiencing food insecurity. A patient's primary care provider is able to make a referral to the program, if the patient meets the following two criteria: an A1C of above 9.0 and has food insecurity.

At the FoodPlex, participants meet with a dietician to discuss their health goals and receive a uniquely tailored menu designed specifically for those with a diagnosis of diabetes. Participants are then led through the food aisles and are able to select fresh produce that they enjoy and that matches their eating preferences. The program has grown quickly having provided 3880 nutritious meals since its launch April 2023 and November 2023.

Matt Arnold, PharmD, BCACP, Clinical Pharmacy Specialist faculty and Clinical Director for Genesis Diabetes Care Management Program serves as coordinator for the Sub-track and director for the FoodPlex.



## Walker Elected to Board

Barbara Walker, DO, was elected to serve a one-year term with the Illinois American College of Osteopathic Family Physicians' State Board. This position allows her voting privileges at the national American College of Osteopathic Family Physicians conference in April as a member on the Board of Delegates. Dr. Walker serves as the Director of Osteopathic Education at the Genesis Quad Cities Family Medicine Residency Program.



## Faculty and Staff Announcements



**Mariam Gallagher, DO**, joined the MercyOne Northeast Iowa Family Medicine & Residency Program in January 2024. Dr. Gallagher graduated from the A.T. Still University College of Osteopathic Medicine in Arizona in 2015 and attended the Ohio State University Wexner Medical Center Family Medicine Residency for her residency. Her husband's career in the Army took them to Germany for 2 years where she served as a physician at the Grafenwohr Army Clinic. Dr. Gallagher is excited to be back in the United States living near her husband's family and to be a part of the growth and changes occurring at MercyOne Northeast Iowa Family Medicine Residency Program.

# Good Things Happening in the Family Medicine Network

## Genesis Quad Cities Family Medicine Residency Program



September 24, 2023 marked the second time the Genesis Quad Cities Family Medicine Residency Program participated in the Quad Cities Marathon Relay in the last 3 years. Brad Johnson, DO, faculty physician, John Whitney, DO, R1, Jake Staudt, DO, R1, and Troy Dolmetsch, DO, R2, each ran 6.55 miles to complete the race. Dr. Rachel Buttmer, DO, R3, had planned to participate but had to withdraw due to injury. Dr. Dolmetsch selflessly completed her leg of the race. The team finished 10<sup>th</sup> out of 32 entries in their Division.

*Pictured left to right: John Whitney, DO, Brad Johnson, DO, and Jake Staudt, DO; Not pictured: Troy Dolmetsch, DO*  
*Photo Credit: Quad Cities Marathon*

Genesis Quad Cities Family Medicine Residents challenged their faculty to a wiffle ball game. The tournament was held on October 7, 2023. Residents grilled hot dogs and all shared in a pot luck before the game. Spouses, children, and families attended to cheer on their team. Residents sent a reminder to faculty beforehand, recommending they "start calisthenics" and noting "if the faculty team should get injured during warm-ups, it would be an automatic forfeit". They underestimated the athleticism of the faculty, however. Faculty brought home the trophy.



## MercyOne Northeast Iowa Family Medicine & Residency Program

Asar Das, MD, R3, chief resident of MercyOne Northeast Iowa Family Medicine Residency program, presented at the Chief Residents' Diabetes Summit and 2023 American Association of Family Physicians FMX Conference.



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### Calendar of Events

<b>February 28, 2024</b>	Program Directors' Meeting - Broadlawns Medical Center, Des Moines
<b>April 26, 2024</b>	Iowa Family Medicine Residents' Council Meeting - Iowa Lutheran Hospital, Des Moines
<b>May 8, 2024</b>	Iowa Family Medicine Quality Improvement and Research Symposium - Iowa City Iowa Family Medicine Residency Program Directors' Meeting - Iowa City Iowa Family Medicine Residency Program Coordinators' Meeting - Iowa City
<b>May 17, 2024</b>	Advanced Life Support in Obstetrics (ALSO) Provider Course - Coralville