

A round the State

14th Annual Iowa Family Medicine Residency Network Quality and Research Symposium



Pictured above: Residents who presented during the Iowa Family Medicine Residency Network Quality and Research Symposium along with Genesis Quad Cities Family Medicine Residency Program Director, Gena Benoit, MD, (far left) and Jeff Quinlan, MD, (far right) Chairman, University of Iowa Department of Family Medicine

The 14th Annual Iowa Family Medicine Residency Network Quality and Research Symposium was held on May 8, 2024 at the University of Iowa Carver College of Medicine. Six quality improvement and research projects presented by network residents were judged by a panel of residency directors and faculty. The recipient of the Best Project Award received a plaque to be displayed at the residency program until the next symposium and individual certificates. Additionally, monetary prizes for the top three presentations from the residency programs were provided by Jeff Quinlan, MD, Chairman, University of Iowa Department of Family Medicine.

This year's Best Project was "Intensive Optimization of Heart Failure Guideline-Directed Medical Therapy (GDMT) at Inpatient Discharge" by Lauren Hall, MD, and Grant Henning, MD, residents at the University of Iowa, Iowa City. Second place was awarded to Savannah Marker, DO, from Broadlawns Medical Center for her presentation, "Code Blue: The Leader in You." Asar Das, MD, and Daniel Oswald, DO, from MercyOne Northeast Iowa, were awarded third place for "A Quality Improvement Project to Increase Chlamydia and Gonorrhea Screening in a Family Medicine Clinic".

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“National Treasure” Educator Retires



After 37 years of clinical practice and teaching, **Dean Bunting**, MD, retired in June from the Genesis Quad Cities Family Medicine Residency Program in Davenport, Iowa.

Dr. Bunting’s passion as an educator endeared him to residents and students, and he served as a role model for other faculty and physicians. His commitment to teaching and patient care, combined with his relaxed personal style, contributed to his success as a clinical instructor. A recent third-year University of Iowa medical student said, “Dr. Bunting is a national treasure. His teaching is exceptional... He brought practical wisdom and clinical pearls to every single discussion I had with him.”

In addition to precepting for over three decades, Dr. Bunting delivered lectures to University of Iowa students during their core clinical year, supervised standardized clinical examinations, and contributed to the development of clerkship curriculum.

Dr. Bunting graduated with a Doctor of Medicine from the University of Iowa in 1984 and completed residency training at Mercy/St. Luke’s Hospital Family Practice Residency Program in Davenport in 1987. He joined the Genesis Family Medicine Residency as faculty in 1988, served as interim Director in 2004-2005, and Associate Program Director from 2005 until his retirement. Since 1990, Dr. Bunting has been an Adjunct Assistant Professor with the University of Iowa Department of Family Medicine.

Long-Serving Coordinator Retires



Ms. Jeri Paca retired from her role as the Iowa Lutheran Family Medicine Program Coordinator on June 28, 2024. Ms. Paca was with Iowa Lutheran for over 45 years of the program’s 50 year existence. Her time at Iowa Lutheran began as a candy striper in her teenage years. To say that Jeri has had an impact at Iowa Lutheran is an understatement. As residency coordinator, she helped guide countless residents through the program and has been an invaluable asset to multiple program directors and faculty members.

Ms. Paca said that as soon as she has had enough time to grieve not going to work in a career she has enjoyed so much and with people who will be part of her heart forever, she will be spending more time with her grandchildren, with her fur friends, and in her gardens. She also plans to travel with her husband to as many places as they can, both in the United States and abroad.

UI Family Medicine 2024 Preceptors of the Year

Each year, the University of Iowa Department of Family Medicine recognizes the valuable contribution of community preceptors who teach medical students by awarding the Preceptor of the Year Award.

Three categories of preceptors are recognized: Community Preceptor of the Year, awarded to a community-based family medicine adjunct faculty member who provides a four-week clinical rotation for medical students; the Regional Medical Education Centers (RMEC) Community Preceptor of the Year, given to a faculty member of one of the five RMEC's in Iowa that provide two-week clinical and didactic rotations for medical students; and the University of Iowa Family Medicine Preceptor of the Year is given to a UI faculty member who precepts medical students in family medicine rotations during their core and advanced years.

Community Preceptor of the Year - Brent Owen, MD



Brent Owen, MD, graduated from the University of Iowa Carver College of Medicine (UICCOM) in 2008 and completed his Family Medicine residency with the Via Christi Family Medicine Residency Program in Wichita, Kansas. He practices at Kossuth Regional Health Center in Algona and is the course director for the Rural Family Medicine Advanced Inpatient Sub-Internship, a highly sought after rotation among UICCOM students going into Family Medicine. Students have remarked upon the autonomy given to them by Dr. Owen with procedures and patient care as well as his ability to give constructive feedback. His great mentorship and support of medical students creates an engaging and positive learning environment as highlighted by this student's 2023 evaluation feedback:

"I cannot say enough good things about Dr. Owen and his staff at Kossuth Regional Health Center. Dr. Owen showed support and confidence in me as a student doctor as well as provided me with opportunities that most people in medical school will not experience until residency, such as C-sections, paracentesis procedures, vaginal deliveries, etc. He challenged me throughout the whole rotation to continue to learn and grow. Outside of being a fantastic teacher, Dr. Owen is a great person who truly cares about his patients and their well-being. He goes above and beyond to make sure that each patient is heard, and it was great to have that modeled to me. He is a mentor that I truly hope I can emulate when it comes to patient care and relationships. Overall, this was by far my favorite rotation of medical school."

RMEC Preceptor of the Year - Alexandra Jacob, DO



Alexandra Jacob, DO, graduated from Des Moines University College of Osteopathic Medicine in 2016 and completed her Family Medicine residency at Broadlawns Medical Center in 2019. Following residency, Dr. Jacob joined Broadlawns Medical Center as a faculty physician for Broadlawns. She has been the Des Moines lead education physician for the University of Iowa medical students since January of 2022. Dr. Jacob received this award in part because of the qualities highlighted in these students' 2023 evaluations:

"Dr. Jacob did a great job of providing feedback throughout the time I spent with her. She was always enthusiastic about teaching and made sure to answer any questions I had in depth. I had a great time working with her!"

"She sets expectations for students and makes time for feedback. She shows dedication to teaching and mentoring students and consistently makes time to teach about key points related to patient care. Goes above and beyond to engage students in hands-on care. Excellent mentorship."

2024 Preceptors of the Year (continued from page 2)

UI Family Medicine Preceptor of the Year - Danielle Howsare, DO



Danielle Howsare, DO, graduated from A.T. Still University Kirksville College of Osteopathic Medicine in 2018. She completed two years of her Family Medicine residency with the Cedar Rapids Medical Foundation before graduating from the Genesis Quad Cities Family Medicine Residency program in 2021. Dr. Howsare has been a Clinical Assistant Professor for the Department of Family Medicine at the University of Iowa Carver College of Medicine since graduating from residency. She practices at the Iowa River Landing - East Family Medicine Clinic and supervises the inpatient service at the hospital. Dr. Howsare teaches medical students in a variety of settings and courses, such as the Family & Community Medicine Clerkship, the Advanced Inpatient Sub-Internship rotation, and other advanced electives within the department. Dr. Howsare's enthusiasm and effective teaching are part of the reason she is a recipient of the award. A student's 2023 evaluation feedback gives additional insight:

"Dr. Howsare was an excellent preceptor during my time on the family medicine clerkship. She set clear expectations and provided prompt constructive feedback. She made time for teaching and made sure to correlate her teaching to patients we had seen in clinic that day. She involved me in the clinical decision-making process and helped me to further develop my clinical skills by asking me what I would do in different situations. She provided ample learning opportunities, whether in the exam room or outside the room during discussion of other cases."

Faculty and Staff Announcements



Ely Raya-Gonzalez (pictured left) joined the Central Iowa Family Medicine Residency Program, Iowa Lutheran Hospital as the department secretary in May after working at UnityPoint Health's East Des Moines Family Medicine clinic for four years. She sees working in the residency program as an opportunity to gain more understanding of how the program works. Ms. Raya-Gonzalez was born and raised in Des Moines and is a graduate of East High School.

Breann Minikus (pictured right) began working with the Central Iowa Family Medicine Residency Program, Allen Hospital, Waterloo in September 2022. In March 2024, she transitioned from administrative assistant to Program Coordinator. Before working for the residency program, she was a Guest Relations Associate at Allen Hospital. Ms. Minikus obtained an Associates of Arts in Liberal Arts from Hawkeye Community College before attending the University of Northern Iowa where she earned a Bachelor of Arts in Business Administration.



Quality and Research Symposium, continued from page 1

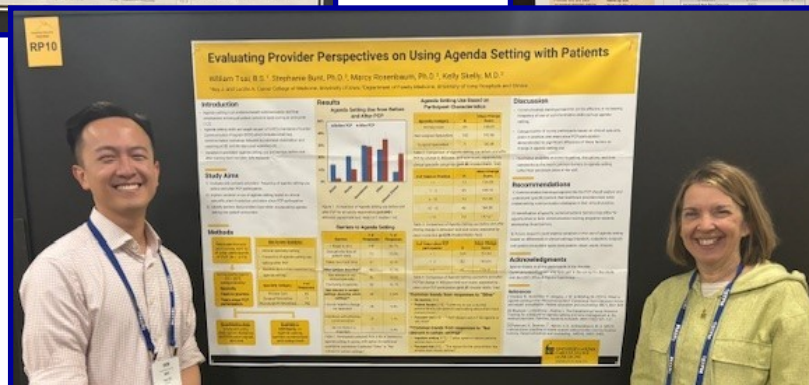
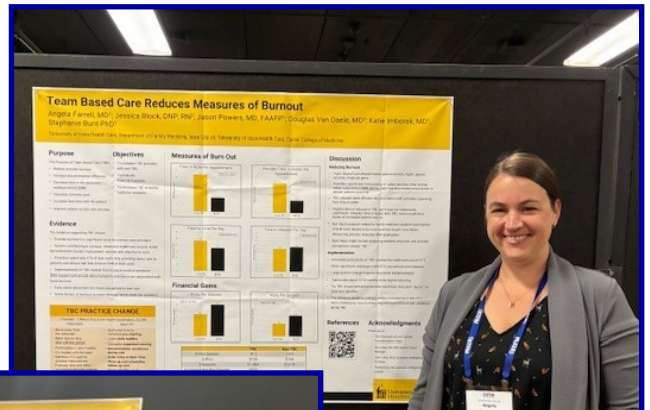
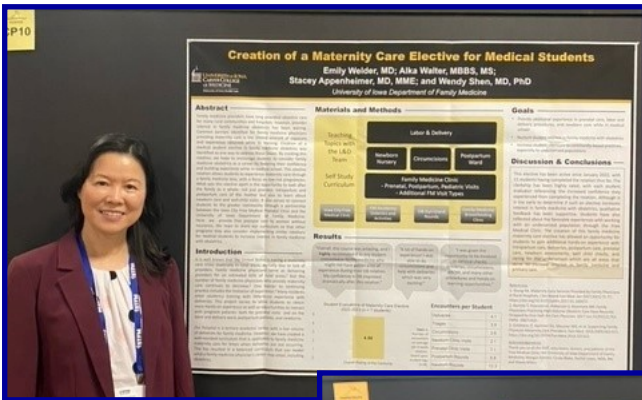
The following presentations were also given during the symposium: "Establishing A New Standard of Care for Mental Health Screening and Management" by Troy Dometsch, DO, Genesis Quad Cities; Enhancing Colposcopy Utilization in Family Medicine Residency Clinics: Education, Challenges, and Outcomes" by Haydee Hernandez, DO, University of Iowa, Sioux City; and "It Costs How Much? Building a Curriculum to Navigate the Uninsured Patient" by Sarah Brines, DO, and Andrew James, DO, Central Iowa, Iowa Lutheran Hospital, Des Moines.

Society for Teachers of Family Medicine (STFM) Presentations



Dr. Gena Benoit and Dr. Niral Tilala presented a faculty development seminar at the Society for Teachers of Family Medicine Annual Spring Conference in Los Angeles, California, on May 6, 2024. The seminar, "Autonomy and Matching Learners Needs," helps teachers of family medicine learn how to provide the right amount of autonomy to their learners, while balancing the demands of supervision, work hours and other challenges of graduate medical education. This seminar was developed as part of the Community Teaching Scholars Program through the University of Iowa's Office of Consultation and Research in Medical Education. The talk was well attended by 80 family medicine faculty and residents from around the country. Dr. Benoit is Program Director and Dr. Tilala is faculty at the Genesis Family Medicine Residency Program in Davenport.

Several faculty members and a medical student from the University of Iowa Department of Family Medicine presented posters on education and teaching at the STFM conference as well. Iowa presenters were: Angela Farrell, MD, Wendy Shen, MD, Kelly Skelly, MD, and Jeff Quinlan, MD, (not pictured), and William Tsai, MD, M3.



Iowa Family Medicine Residents Council



The April 26, 2024, meeting of the Iowa Family Medicine Residents Council was the last meeting for R3 family medicine residents that have served on the Council during their residency.

Pictured are left to right, Drew Amador, MD, University of Iowa, Iowa City; Maggie Hefner, DO, Central Iowa, Waterloo/Cedar Falls; Haydee Hernandez, DO, University of Iowa, Sioux City; Brandon Hart, MD, MercyOne North Iowa, Mason City; and Nicole Randel, DO, Broadlawns Medical Center, Des Moines. Unable to attend were Michael Warhank, MD, Genesis Quad Cities, Davenport and Alexa Smith, DO, Central Iowa, Des Moines.

Residents Council officers for the 2024-2025 academic year were elected during the April 26, 2024, meeting. Officers for 2024-2025, pictured left to right, will be:

Sean Westendorf, MD, currently President-elect, will assume the office of President. Dr. Westendorf is in his final year of training at Broadlawns Family Medicine Residency in Des Moines.

Emily Anderson, MD, was elected to the office of President-elect. Dr. Anderson is an R2 at the University of Iowa Family Medicine Residency Program – Iowa City .

Jack DeMoss, MD, was elected to the office of Secretary. Dr. DeMoss is in his final year of training in the University of Iowa Family Medicine Residency Program – Sioux City.



New Family Medicine Obstetrics Fellowship

The University of Iowa Department of Family Medicine is pleased to offer an Operative Obstetrics Fellowship. The fellowship will be in collaboration with Eastern Iowa Health Center in Cedar Rapids, Iowa. The one-year fellowship program will combine education in maternity care including operative and non-operative deliveries, newborn resuscitation and stabilization, and obstetrical ultrasound. Interested individuals may submit a CV and personal statement for consideration to alyssa-r-miller@uiowa.edu. For more information, please contact Dr. Sarah Jorgensen, fellowship program director, at sarah-jorgensen@uiowa.edu.

Calendar of Events

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| August 23, 2024 | Advanced Life Support in Obstetrics (ALSO) Provider Course - West Des Moines |
| September 5, 2024 | Program Directors' Meeting - Des Moines |
| September 6, 2024 | Iowa Family Medicine Residents' Council Meeting - Des Moines |
| November 20, 2024 | Program Directors' Meeting - Iowa City |
| December 13, 2024 | Iowa Family Medicine Residents' Council Meeting - Des Moines |