

# Family Medicine

## Around the State



## The Iowa Statewide Family Medicine Residency Network

### 15<sup>th</sup> Annual Iowa Family Medicine Residency Network Quality and Research Symposium



*Best Project awardees  
Kathleen Sorenson, DO (left)  
and Kaitlyn Chantrey, DO*

The 15th Annual Iowa Family Medicine Residency Network Quality and Research Symposium was held on May 14, 2025, at the University of Iowa Carver College of Medicine.

The following presentations were given during the Symposium:

“Primary Care Prevention of Congenital Syphilis,” by Kaitlyn Chantrey, DO, and Kathleen Sorenson, DO, University of Iowa - Iowa City - **Best Project**

“Increasing the Rate of Extragenital Testing in Patients Tested for STI’s,” by Jill Beach, DO and Alexis Clock, DO, UnityPoint Health - Iowa Lutheran Hospital, Des Moines Track - **Second place**

“Enhancing Resident Wellness: The Integration of Behavioral Therapy,” by Jacob Staudt, DO, MercyOne Genesis Quad Cities – **Third Place**

“Access to Care in Refugee Populations,” by Daffney Arnold, DO, Broadlawns Medical Center

“Breast Cancer Screening QI Project,” by David Wilson, DO, and Lucas Mirera, DO, MercyOne North Iowa

“Improving Aspirin Prescription Rates in Pregnancy,” by Abbie Scrogum, MD, University of Iowa - Sioux City.



*Mark your calendars for  
next year’s Symposium on  
May 13, 2026!*

# Happenings Around the Network

## **Broadlawns Medical Center – Des Moines**

**Lewis Braster, DO**, (Broadlawns 2025), joined the faculty immediately following graduation.

The 2025-2026 Family Medicine (FM) Obstetrics Fellow is **Abigail Scrogum, MD**, (Sioux City 2025).

## **MercyOne Genesis Quad Cities – Davenport**

**Niral Tilala, MD**, (Davenport 2010) became Program Director and FM Obstetrics Fellowship Director in May 2025, when Program Director **Gena Benoit, MD**, (Davenport 2002) accepted the Chief Medical Officer position for MercyOne Genesis Davenport.

**Kelly Krei, DO**, (Iowa City 2020) joined the residency as core faculty in July 2025.

**McKenna Sexton, DO**, (Davenport 2025) is the first fellow of the new MercyOne Genesis FM Obstetrics Fellowship.

**Matt Arnold, Pharm D, BCACP**, was the keynote speaker at the Iowa Diabetes and Wellness Summit in November 2024. He spoke about their Diabetes Care Management Program. Dr. Arnold has developed a Diabetes Specialty sub track for residents and a parallel advanced training program for practicing PCP's.

**Bradley Johnson, DO**, faculty, and **Dailen Folkedahl, DO**, (Davenport 2025) achieved Board Certification in Advanced Diabetes Management (BC-ADM) this year.

## **MercyOne North Iowa – Mason City**

**Patrick Courtney, DO**, transitioned to Program Director on July 1, 2025, when **Chad McCambridge, MD**, (Mason City 2004) stepped down after serving as program director for 14 years.

## **MercyOne Northeast Iowa – Waterloo**

**Mariam Gallagher, DO**, became Program Director May 1, 2025, following the departure of Cindy Huwe, MD, who served as Program Director for 18 months.

**Jody Harmsen, MD**, (Mason City 2005), **John Ingram, MD**, (Mason City 1995), **Traci Ludwig, LISW**, and **Katelyn Mouser, PharmD**, joined the program as faculty in 2024.

## **UnityPoint Health - Iowa Lutheran, Des Moines Track**

Iowa Lutheran is developing an FM Obstetrics Fellowship that is projected to welcome its first fellow in 2027.

## **UnityPoint Health - Allen, Waterloo Track**

**Ines Valcarce, MD**, (Allen 2025), will join the residency as faculty in September 2025.

## **University of Iowa – Iowa City**

As of Fall 2024, the Department of Family Medicine became the Department of Family and Community Medicine.

**Brigit Ray, MD**, Program Director, (Iowa City 2014) was a Corridor Business Journal 40 Under 40 honoree in October 2024. ([The CBJ's 20th Forty Under 40 class](#)) Additionally, during the 2025 Association of Family Medicine Residency Directors, Dr. Ray received the Bronze Level Program Director Recognition Award.

**Sam Orvis, MD**, (Iowa City 2023) and **Anita Simison, MD**, (Cedar Rapids 2007) joined the department as faculty in 2025.

A FM Obstetrics fellowship led by co-program directors **Sarah Jorgenson, DO**, department faculty, and **Bassel Eid, MD**, of Eastern Iowa Health Center, began in July 2025. Practicing physician, **Nathalie Francis, MD, MPH**, is the program's first fellow.

*(Iowa Residency Network program abbreviation and year graduated from residency)*

# Open Faculty Positions Around the Network

## **MercyOne Genesis Quad Cities Family Medicine Residency Program** (Davenport)

Positions: Clinical FM faculty, OB desirable (2)

Contact: Niral Tilala, MD, Program Director [niral-tilala@mercyone.org](mailto:niral-tilala@mercyone.org)

## **MercyOne North Iowa Family Medicine Residency Program** (Mason City)

Positions: Clinical FM faculty, OB optional

FM clinical faculty- Hospital Medicine

Contact: Patrick Courtney, MD, Program Director [patrick.courtney@mercyhealth.com](mailto:patrick.courtney@mercyhealth.com)

## **MercyOne Northeast Iowa Family Medicine & Residency** (Waterloo)

Positions: Clinical FM faculty, OB optional

Clinical FM faculty, FM Inpatient service, no OB

Contact: Lori Landsgard, Recruiter [lori.landsgard@mercyhealth.com](mailto:lori.landsgard@mercyhealth.com)

## **University of Iowa Family Medicine Residency Program – Iowa City**

Positions: Clinical FM faculty, OB highly desired (multiple positions)

Contact: Jeff Quinlan, MD, Department Chair [jeffrey-quinlan@uiowa.edu](mailto:jeffrey-quinlan@uiowa.edu)

## **University of Iowa Family Medicine Residency Program – Sioux City**

Positions: Clinical FM faculty, OB highly desired (multiple positions)

Contact: Jeff Quinlan, MD, Department Chair [jeffrey-quinlan@uiowa.edu](mailto:jeffrey-quinlan@uiowa.edu)

## Upcoming Events

September 4, 2025	Joint FM and Consortium Program Directors' Meeting, Des Moines
September 11, 2025	Faculty Development: Teaching Communication Skills in the Context of Patient Care, Online
September 25, 2025	FM Residents' Council, Des Moines
November 21, 2025	Faculty Development: Effective and Efficient Teaching in the Clinical Setting: Core Skills for Preceptors, Online
November 19, 2025	FM Program Directors' Meeting, Iowa City
December 4, 2025	Faculty Development: Teaching Skills to Navigate the Emotional Aspects of Patient Care, Online
December 12, 2025	FM Residents' Council, Des Moines
February 25, 2026	FM Program Directors' Meeting, Des Moines
May 13, 2026	Iowa Family Medicine Residency Network Quality and Research Symposium, Iowa City
May 22, 2026	Advanced Life Support in Obstetrics, Coralville
August 21, 2026	Advanced Life Support in Obstetrics, Des Moines

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